



Z357



Spaghetti with clams



5'

COOKING TIME



350g e

4 PLATES PER BOX

Ingredients (pasta)

Durum wheat semolina, water, salt.

Sauce ingredients

Clams 24%, fish broth, parsley, salt, garlic, chilli pepper.

Average nutritional values per 100 g

Energy kJ 730 – Energy kcal 173 – Fats g 4,1 of which saturated fats g 0,6 – Carbohydrates g 27,8 of which sugars g 0,7 – Fibres g 0,5 – Proteins g 6,0 – Salt g 1,05

Preparation

Microwave oven (750w): **5 min** in a closed package and still frozen.

Data Sheet

%

51

PERCENTAGE OF PASTA

%

49

PERCENTAGE OF SAUCE

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