



Z371



Wholegrain Orecchiette with rapini



5'

COOKING TIME



350g e

4 PLATES PER BOX

Ingredients (pasta)

Water, whole durum wheat semolina, salt.

Sauce ingredients

Water, turnip greens 22%, sunflower oil, anchovy paste, rice starch, extra virgin olive oil, broth preparation, garlic, salt, black pepper, chilli.

It may contain: **eggs, mustard, soy.**

Data Sheet

%

47

PERCENTAGE OF PASTA

%

53

PERCENTAGE OF SAUCE

Valori nutrizionali medi per 100 g

Energy kj 525 – Energy kcal 125 – Fats g 3,5 of which saturated fats g 0,42 – Carbohydrates g 18 of which sugars g 0,67 – Fibres g 2,4 – Proteins g 3,9 – Salt g 1,00

Preparation

Microwave oven (750w): **5 min** in a closed package and still frozen.

