



X104



## Grilled aubergines parmigiana style



6'

COOKING TIME



300g e

4 PLATES PER BOX

### Ingredients

Grilled aubergines 44%, tomato pulp, pulled curd cheese, onion, extra virgin olive oil, sunflower oil, butter, basil, sugar.

### Average nutritional values per 100 g

Energy kj 464 - Energy kcal 111 - Fats g 7,7 of which saturated fats g 2,4 - Carbohydrates g 5,4 of which sugars g 4,7 - Fibres g 2,1 - Proteins g 4,1

### Preparation

Microwave oven (750w): **6 min** in a closed package and still frozen.

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