



T2510



Fish sauce



3kg e

500G X 6 PACKS



+/-120g

SERVING



18

MONTH AT -18°C

Ingredients

Tomato pulp 49%, fish broth, dab 10,5%, clams 4,8%, Pacific clams 4,8%, Indo-Pacific squid 4,5%, double tomato concentrate, sunflower seed oil, North Sea crayfish 2,5%, wine, soft wheat flour, extra virgin olive oil, parsley, salt, shallot, garlic, chilli pepper.

Data Sheet



6-8g

FOR PIECES



35mm

HEIGHT OF A PIECE

Average nutritional values per 100 g

Energy kj 286 – Energy kcal 68 – Fats g 3,5 of which saturated fats g 0,5 – Carbohydrates g 3,5 of which sugars g 2,6 – Fibres g 1,1 – Proteins g 5,1 – Salt g 0,98

Preparation

To pan cook: **4/5 min**

In the microwave: **14/15 min**

In bainmarie: **7/8 min**

