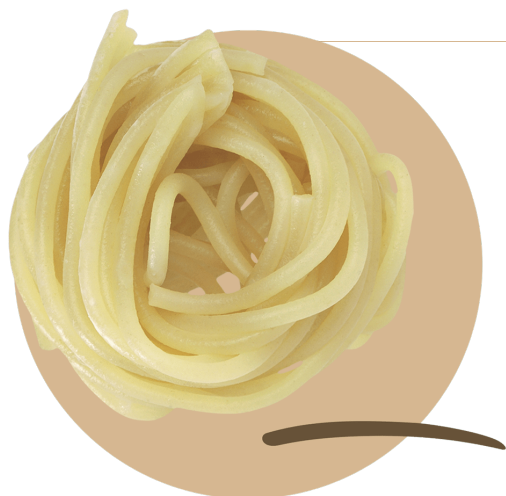




P512



Durum wheat semolina spaghetti precooked

Ingredients

Durum wheat semolina, water, salt.

Average nutritional values per 100 g

Energy kJ 911 – Energy kcal 215 – Fats g 0,6 of which saturated fats g 0,1 – Carbohydrates g 42,7 of which sugars g 1,1 – Fibres g 1,9 – Proteins g 8,7 – Salt g <0,01

Preparation

In boiling water: **1 min**
To pan cook: **4 min**
In the microwave (750w): **no**
In a steam oven (100°C): **no**
In pasta cooker: **1,30 min**

1kg e

PER PACK

200g

SERVING

24

MONTH AT -18°C

Data Sheet

30 (+/-6) g

FOR PIECES

12

PORTION YIELD AFTER COOKING

