



X102



## Chicken fillet with mushrooms and potatoes



5'

COOKING TIME



300g e

4 PLATES PER BOX

### Ingredients

Chicken breast 95%, salt, flavourings, gratin potatoes 86%, braised champignon 13% (champignon mushrooms, extra virgin olive oil, sunflower oil, parsley, salt, garlic).

### Average nutritional values per 100 g

Energy kJ 445 – Energy kcal 106 – Fats g 4,5 of which saturated fats g 1,9 – Carbohydrates g 6,9 of which sugars g 1,2 – Fibres g 1,4 – Proteins g 8,8 – Salt g 1,03

### Preparation

Microwave oven (750w): **5 min** in a closed package and still frozen.

